





4-H is the largest youth-serving organization in the world. All 50 states and more than 80 countries worldwide have 4-H programs. People of all ages participate in 4-H programs, from pre-school children to grandparents.

While it has its beginnings in rural America, 4-H now serves young people and volunteers from major urban areas and from suburban communities and rural non-farm settings as well. 4-H encourages participation by the entire family. Families work together on projects and activities, attend meetings and community events together, while learning every step of the way. Projects are chosen from among 100 project areas, or if a teen doesn't see the one they would like; they can create their own project. The 4-H year begins in October with assistance in finding a club to join. If you're teen is interested in joining or would like additional information contact UI Canyon County Extension Office at 459-6003 or visit Idaho's 4-H website <http://www.4h.uidaho.edu/>.

Caldwell Public Library (T-Zone) Teen/Young Adult Program meets monthly. The first meeting of the year will be in Oct. TBA. Come join the fun, food, games, activities and more. Please contact Annie Adamson @459-3242 ext. 16 or drop her n e-mail @ anadamson@gmail.com

Caldwell Bowl Junior Bowling Leagues:

Sign up Sept 8th 11-4. Leagues; Wed. at 4- all ages, Thurs. at 4 all ages, Sat. 9AM 12 yrs. and up, 11:30 AM 11 yrs. and below. Bowling \$7.00 per wk. (3 games and shoes included) for about 26 weeks. Membership card to be paid for at sign up. Please contact Phyllis for more information at 459-3400.

Burke's Valley Bowling Jr. Scholarship League: Sign up and Fun Day Aug. 25th 2-5, includes 2 free games, shoe rental and 1 free soda. League begins Sept. 8th at noon and runs through Mar. 29th. The weekly fee is \$7.00 per week with a \$14 annual sanction fee. Scholarships are awarded for winning events and at the end of the league each child gets a custom drilled ball. For more information, call 454-9234 or see our web site at www.burkesvalleybowl.com



The Center for the Arts offers classes in Dance, Drama, Language Arts, Visual Arts, and Music to inspire youth to explore opportunities and to dream for the future. We are located at: 603 Everett St. in Caldwell. For more information please visit our web site at www.caldwellcenteronline.org or call 454-8112.



YMCA

We build strong kids,
strong families, strong communities.

Caldwell Family YMCA welcomes all people and provides an atmosphere to enrich spirit, mind and body. We are dedicated to the values of caring, honesty, respect, and responsibility. No one will be turned away due to inability to pay. Tel: (208) 454-YMCA (9622) Website: www.ymcatvidaho.org

Mission: The Caldwell Family YMCA welcomes all people and provides an atmosphere to enrich spirit, mind and body. We are dedicated to the values of caring, honesty, respect, and responsibility. Our programs enhance individual health and well being, strengthen personal and family relationships and develop leadership skills. We build strong kids, strong families, and strong communities.

- The YMCA is open to everyone - all ages, abilities, incomes and faiths. The YMCA offers financial assistance for all of its programs. No child is turned away due to inability to pay. The Treasure Valley Family YMCA gave over \$3 million in financial assistance in 2006.

Caldwell Family YMCA

Core Values: Your YMCA's Foundation

CARING, HONESTY, RESPECT AND RESPONSIBILITY. Words to live by? We think so at the YMCA. These are the four character values that the YMCA embraces and how all staff, volunteers and participants are expected to base their actions. No action will be implemented or decision made unless it takes into consideration or incorporates Caring, Honesty, Respect and Responsibility.

Caldwell Family YMCA

3720 South Indiana Ave., Caldwell, ID 83605, Tel: (208) 454-YMCA (9622)
Website: www.ymcatvidaho.org

Facility	Hours
M-F	5:00 AM - 10:00 PM
Saturday	7:00 AM - 6:00 PM
Sunday	12:00 Noon - 5:00 PM

Note: Holiday hours are subject to change.

Located across from Caldwell High School & Brothers Park, the Caldwell Family YMCA is our newest full-facility branch.

Opened in Fall of 2005, the Caldwell Family YMCA has:

- Full gymnasium
- Aquatics facility
- Weight and cardio facility
- Indoor track
- Multipurpose rooms
- Climbing wall
- Locker facilities
- Snack area/juice and coffee bar
- Teen Activity Center
- Youth Activity Center
- Lounge and other community resources
- As well as an array of exercise and recreation facilities.

The elaborate Aquatics Center with three swimming pools and a Jacuzzi. The 25 yard lap pool has 6 lanes. The recreational pool also has up to six lanes (when classes are not in session). The children's pool has a bubbler area connected to the

recreation pool. The "lazy river" also connects into the recreation pool for people to float or exercise by swimming against the current.

Caldwell Family YMCA

Join now and become a part of the Caldwell Y family! Stop by any time for a tour.

Our campaign has reached \$12.7 million which is 94% of our \$13.5 million dollar goal. We're almost there, but still need your support. If you would like more information on giving to the Caldwell Family YMCA campaign, call (208) 454-9622 and ask to speak with a fundraising staff member.

Membership Information:

More Than You Imagined, Just What You Need

Our membership structure & fees make it more affordable to join the Y! We've made it easier than ever to enable families and individuals of all ages to join the YMCA community, with streamlined membership categories and more affordable fees.

Membership Fees:

CATEGORY	MONTHLY FEE	JOINING FEE
Single Adult (25 - 64)	\$39.90	\$ 60.00
Family (2+ people)	\$59.90	\$120.00
Older Adult (65 & Older)	\$36.90	\$ 60.00
Young Adult (19 - 24)	\$36.90	\$ 60.00
Individual Youth (10 – 18)	\$19.90	NONE

These fees provide full access to our facilities, including all fitness classes and equipment, the Aquatics center, and day-use lockers and facilities. But you'll also be able to "customize" your membership based on your needs, as follows:

PROGRAM	FEE
Swimming lessons (all ages)	\$25 per child
Child Watch (w/ family membership)	\$15 for one child/ \$25 for 2+ per month
Towel Service	\$5 per individual/\$10 per family per month
Locker rental	\$15 per month

In addition to offering affordable membership rates, we've added new fitness equipment, more classes, and additional parking options! Look for more information about these exciting changes in our facilities & newsletters.

The YMCA is a not-for-profit community service organization that welcomes people of all ages, backgrounds, and abilities. Financial assistance is available, and no one is ever turned away due to the inability to pay.

WEST TREASURE VALLEY YOUNG LIFE

P.O. Box 1533 Nampa, ID 83653 (208) 899-3186
Area Director: Dawn Kinnaman dawnkinnaman3@msn.com
www.younglife.org

What is Young Life?

Picture a sea of teenage faces in a crowded school hallway. Some kids are trying to blend in; some are being carried along by the crowd; others are deliberately swimming against the tide. All of them are trying to find their way in a culture that is crowded with the noise and glare of media messages and peer expectations.

Young Life seeks to carry the message of Jesus Christ into that tumultuous tide and points teenagers toward life as they were created to live it. Since 1941, the dynamic that has characterized Young Life is its commitment to relationships — Young Life leaders meeting kids on their turf in the interest of friendship. As leaders get to know teenagers, they are able to share the love of Jesus Christ through platforms like Young Life club, Campaigners and trips to camp.

Whether kids are seeking answers or just acceptance, Young Life is there for them, armed with a desire for fun and the ultimate message of hope. Young Life has been reaching kids since 1941 with club meetings and camps.

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BOY SCOUTS OF AMERICA

The TOP TEN Reasons why Scouting beats TV, hands down!

10. No Wires, no remote, no batteries required.
9. Scouting burns more calories.
8. Scouting is socially interactive.
7. Scouting doesn't have commercials.

6. Scouting builds character.
5. You can't build a campfire in the family room (the fireplace doesn't count).
4. Scouting builds families.
3. Scouting provides positive reinforcements and creates positive change.
2. Scouting has no place for violence.

The number one reason why Scouting beats TV, hands down:

Scouting is the Ultimate Reality Show!!

Scouting gives youth the opportunity to try new things, be of service to others, build self-confidence and reinforce ethical standards. These opportunities not only help them when they are young, but carry forward into their adult lives, as well. What children learn in their formative years is instrumental in shaping their character.

For information about a Boy Scout Troop or a Venture Crew near you please contact:

Travis McDowell Ore-Ida Council
Boy Scouts of America
8901 W. Franklin Rd. Boise, Idaho 83709
(208) 376-4411

Boy Scouts

Boys ages 11 – 18. Any Boy age 10 ½ and have finished the 5th grade or have earned their Arrow of Light may also join Boy Scouts.

Outdoor adventure is the promise made to boys when they join Scouting. Boys yearn for outdoor programs that stir their imagination and interest.

In the outdoors, boys have opportunities to acquire skills that make them more self-reliant. They can explore canoe and hiking trails and complete challenges they first thought were beyond their ability. Attributes of good character become part of a boy as he learns to cooperate to meet outdoor challenges that may include extreme weather, difficult trails and portages, and dealing with nature's unexpected circumstances.

Learning by doing is a hallmark of outdoor education. Unit meetings offer information and knowledge used on outdoor adventures each month throughout

the year. A leader may describe and demonstrate a Scouting skill at a meeting, but the way Scouts truly learn outdoor skills is to do it themselves on a troop outing.

Scouting uses the patrol method to teach skills and values. Scouts elect their own patrol leader and they learn quickly that by working together and sharing duties, the patrol can accomplish far more than any of its members could do alone. The patrol succeeds when every member of the patrol succeeds and Scouts learn that good teamwork is the key to success.

Exercise and fitness is part of the outdoor experience. As Scouts hike, paddle, climb, bike, or ride, their muscles become toned and their aerobic capacity increases. When they work as a patrol to plan menus for their outings, they learn to purchase cost-effective ingredients to prepare flavorful and nutritious meals.

Service to others and good citizenship is learned through such outdoor activities as conservation projects, collecting food, building trails and shelters, and conducting community service projects that promote healthy living. Through helping other people, Scouts learn to appreciate how they can share themselves and their blessings to those in need. By giving service to benefit others, Scouts gain a sense of personal satisfaction.

Scouting builds character by teaching confidence and self-reliance, and promoting positive role models as your child grows and develops. Through planned advancement, Scouts are always in a learning environment, increasing their capacity for goal-setting, choice making and accomplishment.

Venturing

Boys & Girls, ages 14 – 21. Youth must be 14 and have completed the 8th Grade prior to joining Venturing.

By the time they enter their teens; young people have established their attitudes, interest and opinions about many of life's issues and choices. However, they need opportunities to evaluate their beliefs, goals and abilities.

Venturing is a comprehensive program developed with the needs of teenagers in mind. It offers teens an opportunity for investing their time in their futures. Time in the Venturing program is truly time well spent.

The Venturing program is unique because it utilizes extreme outdoor adventure as the method for building character, peer-to-peer bonds, and independence. A recent research study by Louis Harris & Associates determined that through activities such as camping, hiking, boating, snorkeling, and mountain climbing, a majority of Venturers receive the following benefits:

- 96% I made new friends
- 93% I had opportunities to go places and do things I had never experienced.
- 91% I was encouraged to share my ideas and opinions.
- 89% Being a Venturer has taught me to have more self-confidence.
- 89% The activities in Venturing helped me prepare for the future.
- 79% My crew faced ethical and moral decision-making choices.

The middle school through high school years is the last opportunity for young people to prepare for the challenges of adulthood. For those facing the task of providing structure and resources through which teens make their final preparations for their adult lives, Venturing provides the very best foundation. Whether your teens are preparing for high school or getting ready for college, the program is flexible enough to meet their needs. Venturing is time well spent for your youth.

Caldwell Recreation

618 Irving St., Caldwell, ID 83605
455-3060

- Pinewood Derby – October 25 & Nov – \$10 held at First Baptist Church
- Ballet – Year Around - \$20 per month – held at YMCA
- Karate – Year Around - \$30 per month - held at YMCA
- Holiday Crafts – November 3 & 10 - \$25 – held at Park Classroom
- Gymnastics – Year Around - \$40 per month – held at YMCA
- Dance – Year Around - \$20 per month – held at YMCA
- Cheer 101 – September through May - \$20 per month
- 5-6 Grade Basketball – Begins January 7 - \$30 – Local Schools
- Youth Basketball Turkey Shoot – November 10 - \$5.00 – held at Lewis & Clark
- Cheer force – Year round - \$42 – held at YMCA